

LONDON

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Audrey Gill &amp; Malvin Knight • London • April 27

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649**\$17 million winners**NEWS  
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JUSTIN TRUDEAU VOWS TO 'MAKE IT RIGHT' WITH CHARITIES THAT PAID HIM HEFTY SPEAKING FEES

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**Hey, that's no fare**

City council will debate allowing taxi drivers to ask for money upfront to tackle the problem of fare-jumping

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**Iran reformists dance in streets**

Hasan Rowhani's surprise presidential victory has supporters hoping that silenced moderates could once again be included in the political fold

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**No thorns for this Rose**

Justin Rose wins the U.S. Open in Ardmore, Penn., the first Englishman to do so since 1970

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**A GAME OF EYE SPY**

Ever wanted to be a spy? Well, London's Amanda Stratton is no James Bond, but she's ready to give the city a dose of what the world-class spy's daily life is all about. Find out what Stratton is up to on page 6.

ANGELA MULLINS/METRO

**Friends praise missing teen****Sophie Smith.** Londoner known for love of music, outdoors, environment**MIKE DONACHIE**

mike.donachie@metronews.ca

Friends of a missing London teen speak of a friendly, happy and musical girl with a love of the outdoors.

Sophie Smith, 18, went missing on Friday after having problems with her canoe on Kawagama Lake near Dorset, the OPP said.

Police searching for her found a "deceased female" on Saturday. A post-mortem has been scheduled to identify the body.

Friends said Smith, a student at Dalhousie University in Halifax, spends her summers in Dorset, about 50 kilometres northeast of

Bracebridge. Her family owns a cottage there, they said.

Lindsay Dunn, 20, worked with Smith two summers ago at Robertson's General Store in Dorset. She called her "a really eco-friendly kind of person."

"She really wanted to make the world different for everybody," Dunn said. "Last summer she opened up Sophie's Healthy Smoothies shop. She was a really happy girl."

"She really loved being outside all the time. She loved camping, canoeing, swimming. She was always running events and getting people involved," Dunn said. "They were always outdoor events."

Another friend, Thomas Osbourne, 19, also worked with Sophie in the general store and said he admired her for setting up the smoothie stand last year. He recalled how she would strum mel-

**Background**

- Sophie Smith was last seen on Kawagama Lake at 12:50 p.m. on Friday when a resident of the area helped her out of trouble with her canoe, the OPP said.
- She was taken to a safe location at the narrows between Kawagama and Bear Lakes but did not make it home, police said.

odies on her guitar while working at the stand.

"What she loved about the smoothie stand was she was always out in the sun," Osbourne said. "She was always a happy, carefree, really loving outdoor person. She would always talk to everybody and try to be best friends with everybody."

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# Paying for cabs up front? Thanks, fare-jumpers

**Discussion.** City council plans to tackle problem get cautious welcome from industry



**MIKE DONACHIE**  
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Cab drivers have expressed frustration at the frequent problem of fare-jumping, and welcomed — with caution — city council plans to discuss it.

Councillors are to consider allowing drivers to force people to pay up front. It will be on the table for the community and protective services committee on Monday, after the issue was raised in “discussions with numerous drivers,” a committee report says.

Cabbie Richard Dei said he's well aware of the problem. “We are not supposed to take money up front. Doing that, you are scaring customers away,” he said.

But, Dei explained, he's lost money several times when people leave without paying.

Some fear forcing people to pay in advance for their trip could scare potential customers away. That said, in particular circumstances, asking for money up front “may be a good idea,” said Trish Chandler, a dispatcher/supervisor for U-Need-A Cab.

Often, drivers who find themselves victims of fare-hoppers will call the police, but sometimes, it is better for them to write off the fare, Chandler said.

Asked if it's a problem the company encounters, she said: “We do, frequently. Normally it'll happen on a Thursday, Friday, Saturday when people are out drinking, but it does happen often — more often than you will think,” she said.

“Drivers will call the police. Sometimes, if it's really busy, they will wait a long time for the police. If it's during the bar rush, they will pretty much waste a lot of the night.”

She said it is “understandable” that the police are busy and have other things to do, but it can be frustrating for drivers who lose fares as they wait.

## As it stands

- Currently, city bylaws allow a driver to refuse a customer if they have failed to pay a previous fare or appear unwilling or unable to pay their way.
- A driver may not ask for money in advance.



Cabs line up outside London's VIA station last week as afternoon commuters arrive at the station. Fare-jumping — when people dash out of cabs without paying — is a problem in the city, some drivers say. KEVIN HURREN/FOR METRO

## Western. Grad donates to sports, exchange programs

Though he is the founder and chairman of Competitive Foods Australia, Jack Cowin is serving much more than just dinner to Western University.

Cowin and his wife, both Western graduates, have donated a big chunk of change to the university.

The money will support two new initiatives designed to foster leadership and provide opportunities for students.

The school will use \$1 million to establish the Coaching Excellence fund, aimed at helping recruit top-of-the-line head and assistant coaches for varsity teams.

As a member of the Mustangs football team while he was a student, Cowin's posi-

## Big bucks

**\$4M**

Jack Cowin's donation to Western University.

tive experience with athletics inspired him, in part, to make the donation.

The remaining \$3 million will be channelled into a joint program with Bond University in Australia.

Through the partnership, Western students will be able to get the experience of international education while simultaneously seeing what Australia has to offer.

KEVIN HURREN/FOR METRO

## Life as a Refugee

### Cultural centre to focus on refugee stories

The London Cross Cultural Learner Centre will mark World Refugee Day on Thursday with stories from refugees living in the city.

Called Life as a Refugee, the program aims to increase awareness about issues refugees and newcomers in general face when coming to Canada.

The event runs from 12:30 to 4 p.m. in the Wolf Performance Hall at the London Central Library (251 Dundas St.)

Advance registration is required by calling 519-432-1133, ext. 280, or emailing ssheikh@lcccl.org. **METRO**

## Partners In Research

### Camps team young minds, experts

How about a little summer learning with some of the best experts in Canada?

Partners In Research is teaming with Western University to offer day camps in which students will connect with some of the leading science, technology, engineering and math minds in the country.

The programs — running July 22 to 26 and Aug. 12 to 16 — will work through video-conferencing, giving campers a chance to work on a variety of hands-on challenges.

Visit [vroc.ca/stemcamp](http://vroc.ca/stemcamp) for details. **METRO**

## 'Over the Hill'

### Folks at Forest City Gallery to mark the big 4-0

Artists at Forest City Gallery are planning a big ol' party to mark its 40th anniversary.

The gallery (258 Richmond St.) has a full lineup of events for its July 6 “Over the Hill” celebration, including a panel discussion with artists, the launch of a special publication and an extra special version of its Hear Here music series.

The celebration runs from 2 to 11 p.m. Visit [forestcitygallery.com](http://forestcitygallery.com) for details.

**METRO**

1 NEWS





Dragon boats near the finish line during a final heat of Saturday's Fanshawe Dragon Boat Festival on Fanshawe Lake. The festival saw about 1,500 people, many of whom are novices, pick up paddles and take to the water. ANGELA MULLINS/METRO

# Dragon boat festival a roaring success in its second year

**To the beat of their drum.** About 1,500 picked up paddles for Saturday races, with \$4,400 raised to help cancer patients



ANGELA MULLINS  
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A little more than a year

ago, organizers of the Fanshawe Dragon Boat Festival couldn't have imagined throngs of people flooding onto a London waterway to paddle their hearts out.

But it happened on Saturday — and Linda Kuska, for one, was blown away.

"We just wanted to have a few teams go have some fun, get some exercise," Kuska said about the festival's humble beginnings.

"This year, we have all of this," she added, waving a

hand at nearly 3,000 people and vendors crammed onto the banks of Fanshawe Lake.

Suffice it to say, Kuska and other members of the Rowbust Dragon Boat Team, which organizes the event, are pleased with the way things are going.

In its second year, the Fanshawe festival grew from 47 to 62 paddling teams representing everything from area hospitals to manufacturers. And the event managed to do more than

simply break even — Kuska and team were able to pull together a \$4,400 donation for charity.

The money went to the London Health Sciences Foundation's Gene Goodreau Patient Assistance Fund, which helps cancer patients cover the cost of everything from medication to travel.

It's a cause near and dear to Rowbust's heart. Each of the 70 women on the London-based team is a breast-cancer survivor.

## About Rowbust

Formed 14 years ago, the Rowbust Dragon Boat Team aims to be role models for those with breast cancer and is trying to create breast-cancer awareness through dragon boat racing.

- Ladies on the team prac-

tise all year on Fanshawe Lake and are three-time Canadian champions in the sport's breast-cancer division.

- The team is headed to the world competition next year in Italy.

"We know what those extra costs, and all the things associated with treatment, can mean," Kuska said.

## Two arrested in suspected impaired-driving collisions

Two Londoners are facing impaired-driving charges after crashes, including one that injured a three-year-old boy.

Emmanuel Oruitemeka, 25, was arrested at about 5 a.m. Saturday after police say he crashed near Dundas and William streets.

Oruitemeka was driving east on Dundas when he lost

control and went over the curb, hitting a parking meter and lamppost.

No one was injured and there were no other vehicles involved, police said.

The crash comes on the heels of a Thursday incident on Highbury Avenue near Edgevalley Road.

Police allege Shawn Polci,

45, was driving north on Highbury at a high rate of speed when his vehicle crossed the centre line and crashed head-on into a southbound vehicle.

Polci, the 39-year-old driver of the other vehicle and the man's son received minor injuries, police said.

That crash happened at about 8 p.m. **METRO**



## Drive to curb hunger. Hefty poundage for food bank

The London Cares Curbside Food Drive has brought in 63,350 pounds of food.

While curbside donations were down this year, a Saturday car wash at sites across the city brought in \$8,350 — the equivalent of 3,340 pounds of food.

Corporate donations accounted for 5,250 pounds of

the total in addition to 12,160 pounds of food collected from drop-off points at Tim Hortons restaurants and grocery stores.

The drive has collected more than 1.1 million pounds of food since it started 17 years ago.

All donations will go to the London Food Bank. **METRO**

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## Cartier Public. Reported schoolyard attack did not happen, police say

A report of a masked man assaulting a girl on a school playground Thursday was untrue, officials now say.

That attack "did not occur as reported" and there were no concerns for public safety, a police statement says.

The news came too late for a man who fit a description the 12-year-old Sir George Cartier Public School student gave police.

The man was arrested on Thursday and held overnight, then released "unconditionally" after the investigation showed "he was not involved in the reported incident," police said.

Police specialists were supporting the girl and her family, as well as the school community. No charges are to be laid.

The playground assault



A London police officer stands guard outside Sir George Cartier Public School on Thursday.

MIKE DONACHIE/METRO

was alleged to have happened at about 11:30 a.m. on Thursday, and it caused panic around the neighbourhood.

A "code red" was declared and the school was locked down as parents, some of them in tears, rushed to bring their children home.

MIKE DONACHIE/METRO



## Festivals expected to be in full bloom this summer

Kids pedal around the tricycling zone on Sunday during the final day of Kids Expo in Victoria Park. The three-day festival aimed at kids three to 15 years old featured all the amusement rides, cotton candy and music a youngster could handle. As festival season moves into downtown, Victoria Park will play home next weekend to the International Food Festival. Sunfest is slated for July 4 to 7, the Home County Folk Festival is July 19 to 21, Pride London is July 26 to 28 and Ribfest is Aug. 1 to 5. KEVIN HURREN/FOR METRO

## Politics. Wynne mum on empty London West seat

The premier is remaining tight-lipped about when she plans to schedule byelections in London West and other Ontario ridings.

Kathleen Wynne was in London on Friday to deliver a luncheon address to the chamber of commerce.

Speaking to Metro before the talk, Wynne said a call to the polls had been on hold while her Liberal government looked to pass a budget.

That happened last week with the New Democrats supporting the spending plan.

Now, Wynne said Friday, "we just need a bit of time now to establish a (byelection) date, and soon we will do that."

The premier has until mid-August to announce a firm date. Christopher Bentley, who was serving as energy minister at the time, resigned his seat in February.

The New Democrats and Progress Conservatives have already nominated candidates for the upcoming vote. The Liberals have not.

METRO

### Found safe and sound

#### Police locate missing man

London police say a man who went missing has been found safe and sound.

Steve Wang, who lives in Vancouver, came to London in May to visit family and friends.

He was reported missing on June 6 after he failed to show up for a family gathering.

Police had said they were concerned about his well-being and had asked for the public's help. Details about where Wang was found were not released.

METRO

### Going back in time

#### Museum to 'unsettle' the Thames

Ever wonder exactly how the roots of London were formed?

Museum London is about to spill the beans in an interactive lesson dubbed Unsettling the Thames.

The Saturday presentation, part of the museum's summer walking tours, will feature stories about early settlements along the Forks of the Thames.

The free tour runs from 10:30 a.m. to noon, starting on the museum's front lawn. METRO

# Tapping into a little covert fun

## Secret Spy Club. Spy game aims to promote downtown with a different spin

Londoners may start asking for their drinks shaken, not stirred, as they take on new spy personas.

That's because the city is about to get its very own Secret Spy Club.

Amanda Stratton is the brains behind the "club" — a role-playing game that

will send people to various downtown locations on spy tasks, ranging from surveillance missions and making contact with other agents to retrieving hidden artifacts.

Stratton has had the idea in her head for years. After gauging interest on Twitter in early April, she decided to pitch the idea to London's Awesome Foundation, an organization that pumps money into engaging community projects. When she earned a \$1,000 grant, she co-ordinated with a number of downtown locations to

### At a glance

- Although registration for the full version of London's Secret Spy Club game is closed, people can still sign on for a single-day mission at spyclub.co.

- The full-on game will end with a master spy crowned during a fall gala.

set up challenges.

The idea is all based

around having a little fun and showing off some covert flair.

But, Stratton said, it's also about forcing people to get up close and personal with some of the coolest things London has to offer.

Stratton plans to implement "spycations" for interested parties who don't live in London.

"People could come to London and play a weekend spy adventure also getting to experience some things downtown," Stratton said.

KEVIN HURREN/FOR METRO

## Fontana 'looking forward' to seeking re-election



Mayor Joe Fontana

CONTRIBUTED

London's mayor looks to be eyeing another run at the city's top political seat.

"I've always said that I wouldn't leave until I've completed why I ran in the first place. So, I like the job, why wouldn't I run?" Joe Fontana said in an interview published in Friday's National Post.

In fact, Fontana said, he's "looking forward" to hitting the campaign trail.

Elected in 2011, Fontana

has previously suggested he would be a one-term mayor. But during his State of the City address in January, he dropped the first big hint that a re-election bid may be in the works.

"I think this is the third State of the City address? That means I've got five more to go," he said during that speech.

The next municipal election is slated for October 2014, and would come about

two years after the RCMP laid criminal charges on Fontana.

The mayor is due back in court this fall to answer the charges of fraud, breach of trust by a public official and uttering a forged document.

He's accused of using a federal government cheque worth \$1,700 to cover a room deposit for his son's 2005 wedding reception.

Fontana was a federal cabinet minister at the time.

METRO

Asia

## After months of threats, N. Korea wants to talk

After months of threatening to wage a nuclear war, North Korea issued a surprise proposal Sunday to the United States: Let's talk.

But the invitation comes with caveats: No precon-

ditions and no demands that Pyongyang give up its nuclear assets unless Washington is willing to do the same — ground rules that make it hard for the Americans to accept.

Washington responded by saying that it is open to talks — but only if North Korea shows it will comply with the UN and live up to its international obligations.

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U.S. surveillance

## Top names defend government's data-collection program

Current and former top U.S. officials on Sunday defended the government's collection of phone and Internet data following new revelations about the secret

surveillance programs, saying the operations were essential in disrupting terrorist plots and did not infringe on civil liberties.

In interviews on Sunday talk shows, Barack Obama's chief of staff Denis McDonough and Dick Cheney said the government's reliance on data collection was constitutional and carefully overseen by authorities.

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Information security

## Ottawa wants 11 more agencies to stay quiet forever

The prime minister's national security adviser, lawyers who work on terrorism cases and analysts in the Privy Council Office would be forever forbidden from discussing sensitive

aspects of their work under proposed new rules. The Harper government wants to pull the cloak of eternal secrecy over past and present employees of nine federal agencies and two now-defunct branches.

They would join more than 12,000 already covered by provisions forcing them to take the secrets of their work to the grave.

THE CANADIAN PRESS

# Trudeau: I'd 'pay all the money back'

### 'I am going to fix this.'

Liberal leader, despite insisting he's done nothing wrong, says he's willing to compensate charities who paid him

Quoted

"I trust Canadians. I value their opinions. And now that I've heard them, I'm going to act."

Liberal leader Justin Trudeau, acknowledging the public backlash to the disclosure of his personal finances.

Justin Trudeau is promising to compensate all groups that paid him hefty speaking fees to participate in fundraising events since he became an MP.

The Liberal leader said Sunday he'll either give back the fees or find some other way to "make it right."

He could, for instance, give charitable groups donations equivalent to the fees charged or agree to appear at future fundraisers for free.

"I'm willing to pay all of the money back, if that's what it comes to," Trudeau told CTV. "But I am going to fix this."

Trudeau has been under fire since Friday, when it

emerged that he'd refused to reimburse the Grace Foundation, a New Brunswick charity that lost money after paying him \$20,000 to speak in June 2012.

Trudeau stressed Sunday that all his speaking engagements were cleared by the federal ethics commissioner, that he never used any parliamentary resources and that none of the money he earned went to finance his leadership bid.

"I'm doing this not because I'm worried that I did something wrong, because I didn't. Everything was done exactly according to the rules."

THE CANADIAN PRESS



## Assange slams U.K. for Snowden exclusion

WikiLeaks founder Julian Assange, left, appears with Ecuadorian Foreign Minister Ricardo Patino at the Ecuadorian Embassy in London Sunday. Assange has been thrust back into the spotlight lately because of comparisons between him and Edward Snowden, who leaked information on top-secret U.S. surveillance programs. After it was revealed the British government warned airlines not to allow Snowden to fly to the U.K., Assange on Friday had this to say: "The United Kingdom doesn't want to say no to the United States under any circumstances. Not in my case and not in the case of Mr. Snowden."

FRANK AUGSTEIN/THE ASSOCIATED PRESS

## Twics. Group uses Twitter bot to mimic Tourette's



SEAN MCKIBBIN  
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Awareness, empathy

"It doesn't affect how smart they are; it doesn't affect what they can do."

Cathy Wylie, president of the Tourette Syndrome Foundation of Canada

An advocacy group for people with Tourette's syndrome is asking Twitter users to let a bot take over their accounts so it can blast out random stuff, including swear words, as a means of raising awareness.

"Wednesday from 9 o'clock on, tweets will come out from your Twitter handle with the equivalent of verbal tics. You won't know when they're coming and you won't know what they are saying, and that's to mimic the way that real verbal tics happen," said Cathy Wylie, president of the Tourette Syndrome Foundation of Canada. The automated tweets will come out with a link to surrenderyoursay.com so followers can find out more.

Tourette's syndrome is a neurological disorder charac-

terized by involuntary vocal and physical outbursts. The stereotype of the syndrome is sudden, involuntary swearing, but it's not the norm, with fewer than 10 per cent suffering such outbursts, said Wylie.

Kids with the syndrome tend to get picked on by bullies and have trouble making friends, while among adults the unemployment rate is four times as high as the general population, Wylie said, adding that about 20 per cent of people with the syndrome report having been fired or passed over for jobs because of their illness.

## Military. Army worried about anniversary booze

The Canadian Army is all for its soldiers raising a glass to toast upcoming milestones, as long as nobody thinks there's a product endorsement going on.

And anyone in the general public who would like a sip will remain thirsty unless someone in uniform is willing to share.

National Defence recently issued guidelines to govern the production and sale of commemorative beer, wine and spirits for the splash of celebrations expected next year.

In 2014, the Princess Patricia's Canadian Light Infantry, the Royal 22 Regiment, Royal Montreal Regiment and Regiment du Hull will all mark the 100 years since their formation. Other even older units are currently in the midst of the 150th anniversary this year.

"In the recent past, various alcoholic beverages were produced to commemorate regimental anniversaries," Lt-Gen. Peter Devlin, the army's commander, was told in a recent

briefing. "Many units and regiments are contemplating fundraising efforts featuring the debatable use of (intellectual property)," such as cap badges and regimental colours.

A spokeswoman for the army, Colleen McGrann, said on Friday the department issued guidelines, including limiting the sale to within the military, and requiring associations to ask for permission to use regimental logos.

THE CANADIAN PRESS

### 'Branded beverages'

Officials within National Defence are worried about civil and criminal liability if something happened to someone using "branded beverages" — the possibility of regimental reputations being tarnished and the publicity nightmare that would follow potential incidents.



Liberal leader Justin Trudeau said Sunday he'll talk to each of the charity groups from which he accepted a speaking fee since becoming an MP and find a way to "fix this and make it right." SEAN KILPATRICK/THE CANADIAN PRESS



# New hope for moderates in Iran



A supporter of Iranian presidential candidate Hasan Rowhani in Tehran on Saturday. VAHID SALEMI/THE ASSOCIATED PRESS

For a lesson in what Hasan Rowhani's reformist-backed presidency could mean for Iran, a promise on Sunday by the ultra-powerful Revolutionary Guard to co-operate with him is a good start.

Like the rest of Iran's ruling Islamic establishment, the Guard, which has kept a tight lid on any hints of opposition for years, is for the moment embracing Rowhani, even though he is almost certain to return once-silenced moderates into the political fold and restore the voice of liberal-leaning Iranians who danced in the streets after his stunning election victory.

The reason is because — in one of the more curious twists of Iranian politics — the opposition's accidental hero, Rowhani, also could become a lucky charm for the ruling system.

His surprise victory allows the Islamic leadership to seek a bit of legitimacy among liberals and others who felt they were exiled off the political map after the crackdowns following massive protests in 2009 over the disputed re-election of the now-exiting Mahmoud Ahmadinejad.

"They counted my vote!" some Rowhani supporters chanted in a mix of celebration and shock after the announce-

**Hold on**

## The clock is still ticking on nuclear march: Israel

The surprising victory of a reformist candidate in Iran's presidential election has put Israel in a difficult position as it tries to halt the Iranian nuclear program: With Hasan Rowhani likely to enjoy an international honeymoon, Israel could have a hard time rallying support for new sanctions — or even mil-



Benjamin Netanyahu GETTY IMAGES

itary action — against its arch foe. "The international community must not become caught up in wishful thinking and be tempted to relax the pressure on Iran to stop its nuclear program," said Israel's PM, Benjamin Netanyahu.

THE ASSOCIATED PRESS

ment of the results from Friday's election.

Rowhani's mild manifesto — sprinkled with words like "moderation" and "dialogue" — also could provide a honeymoon period for the leadership as a whole. Factions in Israel and the U.S. that have promoted military options against Iran's nuclear program may find themselves in search of an audience with Rowhani playing the role of tension-easer.

Interviewed on the Amer-

ican CBS TV network, White House chief of staff Denis McDonough called on Rowhani to follow through with his plan to improve relations with the West. "I see it as a potentially hopeful sign," McDonough said.

Iranians danced in the streets Saturday night and Sunday. Many saw the win as a slap at the ruling clerics, sending a message that they can't keep the opposition down.

THE ASSOCIATED PRESS

## Pakistan. Two anti-polio health workers killed on a vaccination drive

Gunmen killed two anti-polio workers on Sunday in northwest Pakistan, police said, the latest violence directed at efforts to eradicate the disease from the country.

The two attackers shot the two Pakistani health workers while they were on a vaccination drive in rural Kandar village, said Swabi district police Chief Mohammad Saeed. The gunmen arrived on foot and then disappeared, he said.

No one claimed responsibility for the attack. Some Pakistani militant groups oppose the vaccinations and accuse the workers of spying for the U.S. They point out the case of a Pakistani doctor used by the CIA to collect blood samples of the family of Osama bin Laden to track him down and kill him in Pakistan in 2011.

Islamic militants also try to block inoculation campaigns by portraying them as a conspiracy to steril-

### Security concerns

The World Health Organization said in late March that some 240,000 children have missed UN-backed vaccinations against polio because of security concerns in Pakistan's tribal regions bordering Afghanistan.

- The WHO said health workers have not been able to immunize children in the North and South Waziristan regions, Taliban strongholds, since 2012.

ize people and reduce the world's Muslim population. Over the past year, nearly 20 health workers from the anti-polio campaign have been killed.

Pakistan is one of the only three countries, along with Afghanistan and Nigeria, still affected by the polio virus. THE ASSOCIATED PRESS

## Turkey. Handling of protests to test Obama's relationship with PM

Government crackdowns against protesters in Turkey could test the close ties between U.S. President Barack Obama and Turkish Prime Minister Recep Tayyip Erdogan, a strategically important U.S. ally in a tumultuous region.

Erdogan said Sunday it was his "duty" to order riot police to evict activists occupying an Istanbul park that became a centre of defiance

against his rule.

The demonstrations in Turkey, now in their second week, cropped up after Erdogan's visit to the White House last month, which highlighted a variety of issues on which the U.S. needs Turkey's help.

They include quelling the violence in Syria, stabilizing Iraq and stemming Iran's nuclear ambitions.

THE ASSOCIATED PRESS



A protester is arrested by Turkish police in Istanbul on Sunday.

RONNY ROMAN ROZENBERG/AFP/GETTY IMAGES

### Sarajevo

## One child killed, four injured by landmine

Police say five children accidentally set off a landmine while playing in Bosnia, and that one was killed and the others were injured.

The explosion happened on Sunday in Hadzici, a suburb of Sarajevo. A spokesman for the Sarajevo Kosevo hospital said the boys were injured in their abdomens, eyes and arms. Bosnia's 1992-95 war left the country filled with buried landmines.

THE ASSOCIATED PRESS

### Cairo

## Bible burned, cleric sentenced

A Muslim cleric received an 11-year suspended sentence Sunday for tearing up and burning a Bible. It was a rare prosecution over attacks on faiths other than Islam.

THE ASSOCIATED PRESS

### South Africa

## Mandela's health improving

Former South African president Nelson Mandela is engaging with his family and seeing improvement from the recurring lung infection that forced him to spend a ninth day in the hospital on Sunday.

President Jacob Zuma said Mandela remains in serious condition but over the last two days his doctors have said improvements in his health have been sustained.

THE ASSOCIATED PRESS

### EgyptAir

## Asylum sought by 5 passengers

Five passengers from an EgyptAir flight diverted to a Scottish airport over an apparent threat to destroy the plane are now seeking asylum in Britain. The New York-bound flight made an emergency landing on Saturday.

THE ASSOCIATED PRESS



## N.Y.C. Russian tycoon aims to meld minds and machines

Can the City That Never Sleeps become the City That Never Dies? A Russian multimillionaire thinks so.

Dmitry Itskov gathered some of humanity's best brains — and a few robots — at his Global Future 2045 conference in New York City on Saturday to discuss how humans can get their minds to outlive their bodies. Itskov, who looks younger than his 32 years, has an aggressive timetable in which he'd like to see milestones toward that goal met:

- By 2020, robots we can control remotely with our brains.
- By 2025, a scenario familiar to watchers of sci-fi cartoon show Futurama: The capability to transplant the brain into a life-support system, which could be a robot body. Essentially, a ro-



Russian billionaire Dmitry Itskov speaks at the Global Future 2045 conference on Saturday in New York City. THE ASSOCIATED PRESS

bot prosthesis that can replace an ailing, perhaps dying body.

- By 2035, the ability to move the mind into a computer, eliminating the need for the robot bodies to carry around wet, messy brains. THE ASSOCIATED PRESS

## BP oil spill. As cleanup patrols end, tar balls keep washing up on beaches

Finding tar balls linked to the BP oil spill isn't difficult on some Gulf Coast beaches, but the company and the government say it isn't common enough to keep sending out the crews that patrolled the sand for three years in Alabama, Florida and Mississippi.

Tourist John Henson of Atlanta disagrees, particularly after going for a walk in the surf off Gulf Shores, Ala., last week and coming back with dark, sticky stains on his feet.

Henson said there were plenty of tar balls to remove from the stretch of beach where he spent a few days, regardless of what any company or government agency might say.

Environmental advocates and casual visitors alike are questioning the Coast Guard

### Quoted

**"I was out there yesterday and stepped all in it."**

Tourist John Henson, who encountered tar balls last week in the surf off Gulf Shores, Ala.

decision to quit sending out BP-funded crews that have looked for oil deposits on northern Gulf Coast beaches on a regular basis since the 2010 spill spewed millions of gallons of oil into the Gulf after an explosion and fire that killed 11 workers.

The patrols ended this month as coastal monitoring reverted to the way it operated before the spill: The Coast Guard investigates beach pollution reported by the public, and conducts cleanup operations as needed. THE ASSOCIATED PRESS



Members of Oxfam wear masks depicting G8 leaders in Belfast, Northern Ireland, on Sunday, a day ahead of the start of the G8 summit. Oxfam said that G8 leaders must cook up the right deal to fight hunger and poverty by tackling tax dodging. The masks depict, from left, U.S. President Barack Obama, German Chancellor Angela Merkel, Italian Prime Minister Enrico Letta, Japanese Prime Minister Shinzo Abe, British Prime Minister David Cameron, French President Francois Hollande, Russian President Vladimir Putin and Prime Minister Stephen Harper. PETER MORRISON/THE ASSOCIATED PRESS

# At G8, underlying worry is whether recovery lasts

## Northern Ireland.

Summit's agenda focuses on tax evasion and trade, but backdrop to talks is fraught global outlook

Europe is mired in debt and recession. Financial markets have hit violent ups and downs on fears that U.S. stimulus efforts may soon be scaled back. Japan is finally looking up after years of stagnation — but it remains an open question if the recovery will stick.

That's the global economy that will confront the heads of the Group of Eight leading economies as they gather Monday and Tuesday for their annual summit in Northern

Ireland.

British Prime Minister David Cameron will serve as summit host for U.S. President Barack Obama and the leaders of Germany, Italy, Canada, France, Japan and Russia. At the top of the agenda: New co-operation to fight tax evasion and increase transparency among governments. Also on the table will be how much help to give to rebels in Syria, and a push for lower trade barriers between the United States and the European Union.

On the sidelines and over dinner, it's expected that the discussions will broaden to include the election results in Iran and data protection, following revelations about a U.S. counterterror surveillance program.

As always, the summit

### Top of mind

- For all the G8 participants, the most unsettling shift is the possible end of the U.S. Federal Reserve's massive monetary stimulus.
- The Fed's injections of money into the economy through bond purchases, known as quantitative easing, had helped send

markets soaring.

- But global stock and bond markets have whipsawed since May 23, when Fed chairman Ben Bernanke said that the U.S. central bank might slow its drive to keep long-term borrowing costs low in the coming few months.

takes place under heavy security, guarded by 8,000 police backed by water cannon. The venue itself is surrounded by extensive security fences, and on three sides by water. There's only one access road to the closest town, Enniskillen, some eight kilometres away.

Since last year's G8 meet-

ing at Camp David in the U.S., there has been a modest economic upswing throughout the developed world and prospects are brighter after five years of turbulence and recession. Yet despite progress, the economic outlook remains fraught with uncertainties.

THE ASSOCIATED PRESS

### New Zealand

## Google launches Internet-beaming helium balloons

Google is launching Internet-beaming antennas into the stratosphere aboard giant, jellyfish-shaped balloons with the lofty goal of getting the entire planet online. The top-secret project was announced Saturday in New Zealand, where up to 50 volunteer households are beginning to receive the Internet briefly on their home computers via the balloons.

THE ASSOCIATED PRESS

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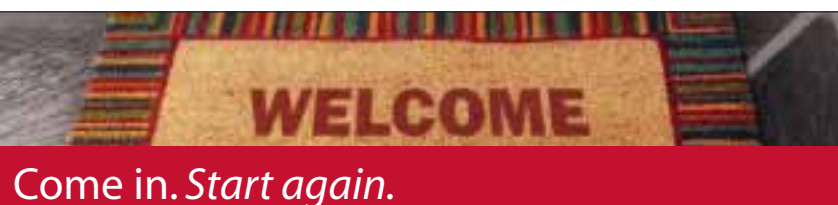
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# SINGLE MOM AIMS TO STOP STIGMA

SWIM didn't exist when Ann Marie Ricketts found herself in need of support as a single mother.

She was living in Toronto and unable to work because of an injury. It didn't take long for the mother of three to sink into depression with a shaky financial situation and uncertain future.

But, Ricketts persevered. She credits her own mother — a single mom herself — with providing her the tools to overcome her challenges, and she credits her family doctor with giving her the inspiration to be the change she wanted to see in the world.

That change was the creation of Single Women in Motherhood (SWIM), a non-profit organization that seeks to offer hope, support and guidance to single mothers.

It was launched in 2002, and Ricketts moved it to London five years ago. Today there are more women benefiting from it than ever before.



URBAN COMPASS

**Todd Devlin**

[london@metronews.ca](mailto:london@metronews.ca)

With the sheer numbers of single moms out there, though, Ricketts knows there are plenty of people in need who are unaware a group like hers exists in London. That's why she's always trying to spread the word.

"We're trying to reach out to as many people as possible," Ricketts said. "We want to help them through their journey so that they can thrive and reach their goals. It's about getting them to focus on the positives and giving them hope."

At SWIM, single moms find an accepting, non-judgemental environment. And sometimes, Ricketts said, that's half the battle.

Often stressed and overwhelmed, single moms often find themselves stigmatized —

though society has evolved on the issue.

"It used to be seen as a disgrace to be a single mom, and that's just not true," said Ricketts, who has been battling that stigma for more than a decade. "And we're still trying to break that stigma."

SWIM's starting point is often addressing the self-esteem of each mother.

Too often, Ricketts said, single moms end up putting themselves last. That leads to problems, she said.

"If you're not healthy, physically and emotionally, things are going to break down," Ricketts said. "If you take care of your inner self, you can take care of your outer environment. So we're really focused on the self-esteem aspect."

Several programs are offered at SWIM, including life coaching, workshops and support groups.

Sometimes it's as simple as providing child-minding services to give moms a break. Other times it's about connecting single moms and providing them with the opportunity to share their stories, struggles and triumphs.

This summer there are a few new programs at SWIM, including Moms Helping Moms, an initiative that will pair peers in an effort to make daily tasks easier for those involved.



Follow Todd Devlin on  
Twitter @UrbanCompassLdn

## ZOOM

### It's all fur the exhibition



JENS MEYER/THE ASSOCIATED PRESS PHOTOS

#### Taking a leap of four-legged faith

White Swiss shepherd dogs Kenai, left, and Yasu jump into the water during the dog diving competition at the International Pedigree Dog

and Purebred Cat Exhibition in Erfurt, central Germany, Sunday.

Four thousand dogs and 150 cats from 20 countries were shown at the exhibition.

METRO



A sphinx cat named Amhara's Mira waits at the cat exhibition.

#### Anything's paw-sible

- The event has been showcasing pets since its inception in 2000, and as of last year turned into a trade show.

#### Clickbait

Psst.... If you are looking for a way to prevent that pesky NSA from checking up on you, you can look into some of the many apps and add-ons that have been gaining in popularity because of their claims to protect your privacy. Here are just a few:

#### RedPhone:

Developed by Open Whisper Systems for Android, RedPhone's calls are encrypted between two users. They also have a text version: TextSecure.

#### Silent Circle:

You can join the circle of people who are already using Silent Circle's many data blockers. This one is for use on Android, iPhone, iPad and Windows and also lets you connect privately to people who aren't in the secret circle.



#### DoNotTrackMe:

The web add-on claims to put a lid on commercial web tracking from outside parties who come along and scoop your online trail, even if it is just playing MouseHunt and creeping Facebook.

#### Seecrypt:

For iOS and Android, Seecrypt is an app aimed at letting you call and text with others who use the service without having to worry about Big Brother looking over your shoulder. METRO

#### Comments

**RE: Parliament Hill Tourist Guides Trained To Praise And Defend The Senate, published online June 16**

The content of this article does not support the sensationalist headline. The NCC is not training an army of apologists or propagandists, they are training a group of young Canadians to provide information to visitors about Canadian governance (amongst many other topics).

What would have been sensational is if they had trained these

summer students to greet visitors with a stinging indictment of the Upper Chamber or, for that matter, any other aspect of our governmental systems.

It should not, therefore, be seen as an apology for the Senate and its current troubles, nor a manifesto on what the Senate should be, but rather as what it is: a training manual intended to allow summer students to greet visitors with basic information about how Canada's government works.

Kris T posted to [metronews.ca](http://metronews.ca)

#### WE WANT TO HEAR FROM YOU:

Send us your comments: [londonletters@metronews.ca](mailto:londonletters@metronews.ca)



Taking the time to reward entertainers for excellence in their fields is nice and everything, but everyone knows awards shows are really all about the red carpet. The MuchMusic Video Awards are no different:

METRO  
london@metronews.ca

# MMVA red carpet looks



## 1 Kardinal Offishall. Brings the bling

Studded brass knuckles, two watches, and what appears to be a cranky sumo wrestler pendant might appear to be too much, but Kardinal keeps it together with a simple polo shirt. **ALL PHOTOS THE CANADIAN PRESS**

## 2 Ed Sheeran. Let's go Blue Jays let's go

The folk-pop favourite went for local with a vintage looking (all the way in '93 era?) sports tee. Looks like the ladies approved.



## 4 Anjulie. Pop up colours

The singer looks pretty smokin' in this floor-length halter dress with a plunging neckline. The '80s-rific graphic print keeps things playful.

Online

Want all the behind-the-scenes action from the MMVAs? Visit [metronews.ca](http://metronews.ca) for more on last night's show.



## 3 Brittany Snow. The short-long of dresses(in a classy way)

Oooh la la! This actress/singer kept things simple in this polka-dot variation on the little black dress.



### And the winners are ...

- **Video of the year.** Inner Ninja - Classified ft. David Myles, director: RT! Half Life Records/ Universal Music Canada
- **Dance video of the year.** The Veldt - deadmau5 ft. Chris James, director: Manroop Takhar; Joel Zimmerman Ultra Music/Universal Music Canada
- **Pop video of the year.** Desperate Measures - Marianas Trench, director: Kyle Davison 604 Records/Universal Music Canada
- **Rock/alternative video of the year.** Stompa - Serena Ryder, director: Natalie Rae Robison Serenader Source/Universal Music Canada
- **Hip hop video of the year.** Started From The Bottom - Drake, director: X/ Universal Music Canada
- **Viral video of the year.** Gangnam Style - PSY, director: Lee Bo Young/ Universal Music Canada
- **International video of the year - Artist.** Heart Attack - Demi Lovato, director: Chris Applebaum/ Universal Music Canada

2  
SCENE

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# College: as told by Billy Crystal — a misfit and monster

## Monsters University.

Comedian sees parallels between his own NYU stint and his character's university experience



NED  
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Metro World News in Hollywood

Billy Crystal has played a lot of memorable characters — Harry in *When Harry Met Sally*, Mitch in *City Slickers*, Miracle Max in the *Princess Bride* — but after nearly 40 years in the business, he has a clear favourite from his repertoire: Mike Wazowski, the one-eyed green ball from *Monsters, Inc.*

So naturally the idea of reprising the role was one he welcomed. “Mike is fearless. He’s really the favourite character I’ve ever played in anything I’ve done. I’ve really missed doing him,” Crystal says.

But Crystal soon learned that in reprising Mike, he wasn’t going to be doing any ordinary sequel. The pitch came short and sweet from Pixar and Disney Animation chief John Lasseter.

“It was at John’s 50th birthday party, and (he) said, ‘We have the idea. It’s a sequel, but it’s a prequel. They’re in college.’ And he just walked away,” Crystal remembers.

“But he left an idea, and

I went, ‘Oh, this is gonna be great.’”

The film finds *Monsters, Inc.* buddies Mike and Sully (John Goodman) as just out of whatever the monster equivalent of high school is and not even acquaintances yet. In fact, a main conflict of the prequel is how much they initially don’t like each other as they navigate the world of college.

While Sully is a hulking jock coasting on his natural abilities and family name, Mike is more of an outsider. That was something else Crystal found easy to relate to.

“I have to admit, I was a little bit of a misfit,” he remembers.

“I was a film-directing major at NYU. I’m still not sure why I became a directing major when I was really an actor and a comedian, so I felt like I was a misfit, in a way, because all those other people — it was Oliver Stone, Christopher Guest, Mike McKean — were film people. Our professor was Marty Scorsese. Mr. Scorsese, which is what I had to call him — which I still do, when I see him, because he gave me a C.”

Much as some valuable introspection and adversity points Mike to a career path he hadn’t considered, Crystal soon found something he was better suited for than directing.

“Once I found a theatre group, then that becomes

## Crystal confessions

### Things that go bump in the night

The world of *Monsters University* is fuelled by screams and fear, harvested from unsuspecting human children, and to do the job properly — as Billy Crystal’s Mike learns in the animated prequel — you have to really know what’s going to scare someone. Which begs the question, what scares Crystal himself? Turns out he’s afraid of the dark. “I still don’t love the darkness, though I’ve learned to smile in it a little bit now and then,” he admits, letting his usual quippy demeanor falter a bit. “The unknown has always been a little scary when you think about those things, especially as you get older. Boy, that got heavy.”

NED EHRBAR

your fraternity house,” he says.

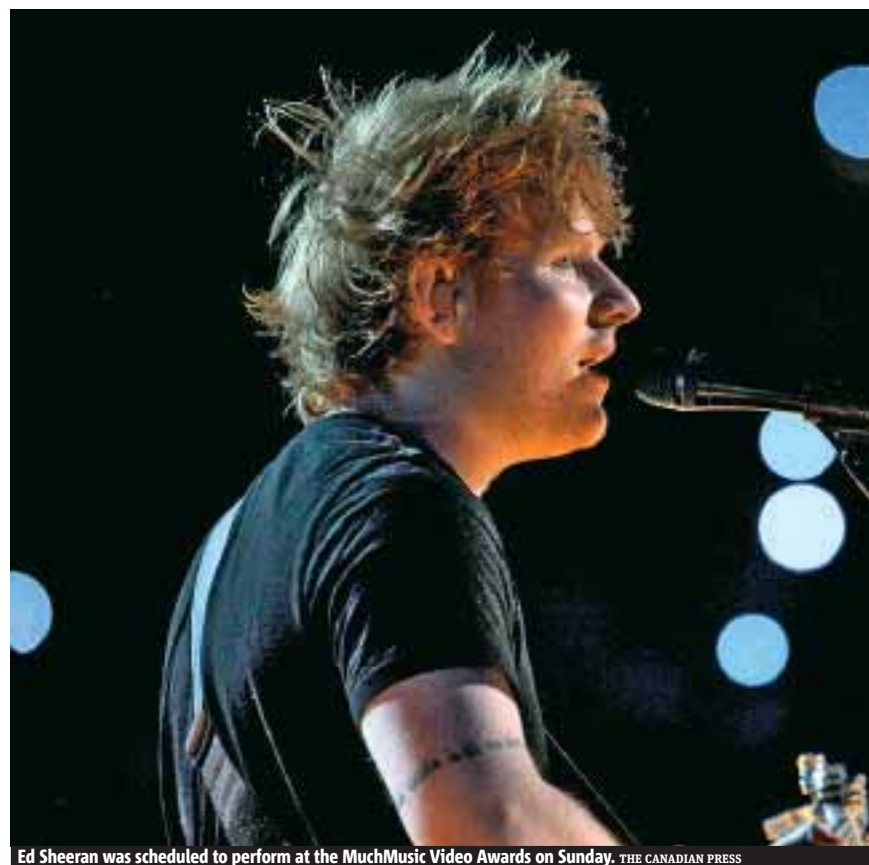
“That really becomes your thing.

“In this movie, they find out who they are. That’s the most important element of this movie to me: Mike has a dream, and the dream may not work out, and then he has to readjust and recalibrate. So for me, that really happened then.”



Monsters University opens Friday. HANDOUT

## All about the music. Brit Ed Sheeran is still adjusting to life in the limelight



Ed Sheeran was scheduled to perform at the MuchMusic Video Awards on Sunday. THE CANADIAN PRESS

At the recent Billboard Music Awards, Ed Sheeran strummed his tender ballad *Lego House* on a candlelit stage wearing a plain black T-shirt, then went back to his seat in the audience next to buds Taylor Swift and Selena Gomez. Later, he tweeted: “Dunno if I fit in tonight but I enjoyed it, now to drink...”

It’s a familiar feeling for the 22-year-old British breakout, who moved to the U.S. last year to further his career in North America after striking it big in the U.K. with the folk-hop debut + and, despite the major opportunities arriving with furious frequency on his doorstep, still isn’t used to such glitzy events.

“I’m not Hollywood in the slightest,” the engaging Sheeran said in a telephone interview this week. “I come from a very small town in England (Halifax), growing up watching these sort of events on TV, and then you find yourself at these events. I don’t really dress smart ever. And I don’t really wear designer clothes. So I’m instantly a bit like, ‘Oh (crap), I really should have dressed up for this.’”

Still, in his tour mate and friend Swift, he has a good guide to his newly surreal life. “Taylor sat me next to her and Selena Gomez and they

both have the same kind of mind state when it comes to those award shows — it’s either have fun with your friends or don’t go. I enjoyed it. I just felt there was a lot of ego in the room. And I’ve never been a fan of ego. I don’t think it’s necessary.”

It will likely be a different experience at this weekend’s fan-fuelled MuchMusic Video Awards, which again took over downtown Toronto with a streetside bash Sunday featuring an appearance by Swift and performances from Sheeran, Demi Lovato and Avril Lavigne — a favourite of Sheeran’s.

“I think everyone from my generation was in love with Avril Lavigne,” he laughed. “So that’ll be nice to see her play.”

He’s on similarly good terms with South Korean rapper Psy, who’s co-hosting the show and planning on performing his meme smash *Gangnam Style* and its follow-up, *Gentleman*. Psy has already enthused on the prospect of catching up with Sheeran in Toronto after he says the two drank together in Las Vegas and London, and Sheeran cheerfully returned the praise.

“He’s a really, really nice guy — he can definitely handle his drink,” he said, noting that hanging out with Psy is “kind

of everything you’d hope it to be.”

“He’s a very big personality.”

By contrast, Sheeran — with sleeves of tattoos and ginger hair splayed in all directions at once — is soft-spoken and self-effacing. Part of that might come from the way in which he quietly and gradually built his following in North America.

“+” — blending winsome acoustic singer/songwriter pop with a skittering hip-hop influence — was released in the U.K. in summer 2011 and was an instant smash, eventually reaching platinum status six times over and doing so at a faster pace than any U.K. artist at the time other than Adele.

He moved Stateside in January 2012 and he’s spent the vast majority of his time there since, a “scary (prospect) because you go from hero to zero instantly,” he notes. With virtually no profile in North America despite his exploding success overseas, Sheeran built an audience the same way he did at home — with patient, steady gigging. His debut was eventually released on this continent a year ago, since being certified platinum in Canada and the U.S.

THE CANADIAN PRESS



# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Pop Goes the Week

### Is Leo chasing an Oscar?



**STARGAZING**  
Malene Arpe  
scene@metronews.ca

**Leonardo DiCaprio may be playing Rasputin in an upcoming biopic.** And if that doesn't finally get him an Oscar, he'll keep the long beard, move to Russia and become Putin's special advisor.

**Taylor Swift went to visit Gwyneth Paltrow in London.** And now she's never ever going to eat processed food again.

**Jeremy Irons says he feels sorry for high-profile people accused of sexual abuse.** Jeremy Irons's manager says he feels sorry for the sock he's had to stuff into his client's mouth.

**Lindsay Lohan is reportedly spending her time at Betty Ford writing letters to friends and acquaintances.** Dear Charlie Sheen; thank you for the last care package. I particularly enjoyed the

"cookies," the "toiletries" and the "not at all two baggies of meth." Love Lindsay.

**Katie Holmes had dinner with Gloria Steinem.** It may seem odd, but they had plenty of things to talk about as Gloria, of course, is concerned with women's freedom and autonomy and Katie recently discovered that those two things actually exist.

**Russell Brand says he became a mailman because he figured he'd get a lot of sexy time along his route.** It didn't work out that way and neither did his becoming a pizza delivery guy, a home repairman and a fire fighter who never wears a shirt.

**It's looking more and more like Katy Perry and Robert Pattinson are dating.** She really likes his looks and sense of humour and he likes that she's not his cheating, contractually-obligated-to-fake-date co-star.

**Jennifer Aniston has had a chicken coop built on her new estate.** Not to be outdone, Gwyneth Paltrow immediately begins writing a book about that one time when she invented eggs.

## It's a baby girl for Kim and Kanye

Kim Kardashian gave birth to a baby girl Saturday morning in Los Angeles, sources confirm to People magazine.

The baby, a first for Kardashian and boyfriend Kanye West, was believed to be due in July but arrived early, just days before the release date of West's new album, Yeezus. Sources say West was by Kardashian's side for the labour and delivery.

Kardashian and West welcomed their daughter at Cedars-Sinai Hospital, and the new arrival already resembles her mom, a source tells E! News. "She looks just like Kim," the source says.

There has been no official word on a name for the little girl, but Kardashian reportedly told friends and family prior to the birth that her daughter's name "will start with a K."



Kim Kardashian and Kanye West ALL PHOTOS GETTY IMAGES



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Ryan Phillippe

## Phillippe wants his kids to do something more 'meaningful' than acting

Ryan Phillippe says he and Reese Witherspoon aren't necessarily thrilled about the prospect of their children following them into the business, he tells E! News.

"I don't mean to dismiss or demean our industry,

but I'd like to see them do something a little more meaningful and important," he says.

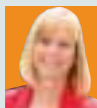
"If I had the education and what they have offered to them as kids, I may have gone a different way."

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**Travel Tidbit**

## Vital checkpoints



**IT'S ALL RELATIVE**  
Kathy Buckworth,  
kathybuckworth.com

Realizing you forgot your passport at the hotel or your iPhone in a cab is extremely stressful, especially when

travelling with kids. Here are checkpoints for any traveller.

### Airplane seat pockets

Never put anything in the airplane seat pocket that you want to have with you when you leave the plane. Keep a bag under the seat in front of you with these items.

### Hotel Rooms

Do a room check every time you leave, including bath-

room, closet, dresser drawers, even when you are sure you didn't put anything there — little hands move things.

### Taxi Cabs

Resist taking items out in the cab but upon leaving, take a good backward glance in case phones, wallets or other valuables have fallen out of your pocket or purse.

### Airport Security

We're used to "stripping

down" for security, but double check that phones, wallet, belts, passports are with you.

### Restaurants

Do what's known as the "mom check." Check the table, the floor, and all the chairs for forgotten items (those little hands again!).

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**Exclusively online**

Follow along with the comedic (mis-)adventures of mommyhood with *Reasons Mommy Drinks* online at [metronews.ca/voices](http://metronews.ca/voices)



Kids are kicking it old school this season with bowling, bubbles and chalk among the hot items as the weather continues to warm up — at least according to the Canadian Toy Association, which held a summer event highlighting this very important topic

THE CANADIAN PRESS



Jeffrey Versluis, 12, plays with an oversized inflatable bowling set. THE CANADIAN PRESS/MICHELLE SIU

## Oversized inflatable bowling set

Bring the bowling alley to your backyard this summer with this giant set of bowling pins and bowling ball.

# 5 toys of summer

## Bubbles

The Canadian Toy Association chair Kerry George said bubbles continue to be big with the younger crowd, from colourful solutions with the traditional built-in wand to machines cranking out the globules at the push of a button.



Hayden Ruscio, 6, chases bubble, which make colourful patterns if they burst on paper. THE CANADIAN PRESS/MICHELLE SIU



Lauren Burton, 7, draws with chalk using one of 56 chalk colours. THE CANADIAN PRESS/MICHELLE SIU

## Chalk

For the more artistically inclined, sidewalk chalks in a multitude of hues — and even glittery varieties — will keep pavement Picassos occupied.

## Airplanes and other contemporary toys

Boys still love planes, cars and trains. One notable difference among some contemporary toys is the use of eco-friendly materials, like the PVC-free Green Toys Tractor crafted from recycled milk jugs.



Sasha Denis, 11, launches an airplane. THE CANADIAN PRESS/MICHELLE SIU



Aliyah Reisch, 6, plays on an inflatable playground set. THE CANADIAN PRESS/MICHELLE SIU

## Inflatable playground set

Who doesn't love the feeling of going down a slide? With inflatable playground sets, kids can enjoy the feeling in their own backyard.



# Slide into barbecue season

## Ingredients

### Pineapple Salsa

- 1 can (375 ml/12 oz) pineapple tidbits
- 30 ml (2 tbsp) fresh lime juice
- 30 ml (2 tbsp) olive oil
- 1 garlic clove, crushed
- 1 ml (1/4 tsp) pepper flakes
- 5 ml (1 tsp) sugar
- 1 jalapeno pepper, diced
- 50 ml (1/4 cup) each diced red pepper and red onion
- 15 ml (1 tbsp) each finely chopped cilantro and parsley
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) pepper

### Chicken Sliders

- 500 g (1 lb) ground chicken
- 45 ml (3 tbsp) finely crushed saltine crackers
- 15 ml (1 tbsp) pineapple juice
- 45 ml (3 tbsp) thick teriyaki sauce
- 5 ml (1 tsp) dried parsley
- 30 ml (2 tbsp) grated onion
- 1 ml (1/4 tsp) salt
- 2 ml (1/2 tsp) pepper
- 125 ml (1/2 cup) thick teriyaki sauce (to use for glazing after sliders come off grill), plus more for basting
- 16 to 18 small slider buns



This recipe makes 16 to 18 sliders. THE CANADIAN PRESS H/O

1. To make salsa: Drain pineapple tidbits, reserving 15 ml (1 tbsp) of liquid for sliders. Squeeze lime juice into glass bowl and add drained pineapple and olive oil. Stir in garlic, red pepper flakes and sugar. Stir veg and herbs into pineapple mix. Add salt and pepper. Refrigerate for at least 2 hours

2. In mixing bowl, place all ingredients except 125 ml (1/2 cup) teriyaki sauce and buns.

Using hands, gently mix until all ingredients incorporated.

3. Form small meatballs and flatten in palm of your hand to make patties that are no larger than 7.5 cm (3 inches) in diameter. Place on parchment-lined baking sheet until ready to grill.

4. Grill chicken sliders, basting with teriyaki sauce on both sides. Cook sliders until a meat thermometer registers 74 C

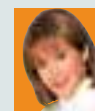
(165 F).

5. Heat 125 ml (1/2 cup) teriyaki sauce and pour into a glass baking dish. When sliders come off the grill, place into warmed sauce to glaze.

6. Toast split buns, if desired, and place meat on buns. Top with pineapple salsa. Serve. **THE CANADIAN PRESS/ MENNONITE GIRLS CAN COOK CELEBRATIONS BY LOVELLA SCHELENBERG ET AL (HERALD PRESS, 2013).**

## Healthy eating

### Choose it and lose it



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While Freshii is typically known for its healthy choices, there are some menu items that boast an excess of calories, fat and sodium.



### Freshii Burrito

**1,036 calories / 60 g fat / 1,315 mg sodium**

This burrito has close to a day's worth of calories, fat and sodium. The tortilla and rice exceed your calories and carbs in one meal. The other culprits are the beef, cheeses, avocados and ranch dressing.

### Equivalent

One Freshii Burrito with a whole wheat tortilla, brown rice, black beans, steak, jack and cheddar cheeses, avocado and ranch dressing is equivalent in fat to two 470 g McCain thin crust chicken and red pepper pizzas.



### Freshii Turkey Wrap

**262 calories/11g of fat/1,077 mg sodium**

The turkey is leaner than the beef and the salsa replaces the high calorie and fat ranch dressing.



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# Work from 'om': Breathe in a better biz

**Free your mind, the rest will follow.**  
How moments of meditation can give workplace productivity a gentle boost

JANE BORDEN  
Metro World News

Your business's productivity grows when employees increase focus, improve decision-making, unlock creativity and improve teamwork skills — all qualities enhanced by mindfulness meditation practices.

In 1995, Mirabai Bush helped found the Center for Contemplative Mind in Society, to explore how mindfulness practices, long used in alternative healing, might affect other sectors of American life. The centre developed programs working with lawyers and judges, social justice activists, higher-education organizations and journalists.



Find your happy place at the foot of your desk. iStock

But it is Bush's work with businesses — like Google, National Grid, Monsanto and General Mills — that's

really taking off. We asked her why.

**Isn't it surprising that the**

**corporate world is so open to meditation?**

Well, successful businesses are extremely pragmatic.

**Keep calm and carry on**

**"There are deeper benefits. If you pay attention to your breath for 20 minutes, you watch everything in your mind arise and fall away over and over again."**

Mirabai Bush  
Founder of the Center for Contemplative Mind in Society

They'll do anything if it works. And the bottom line is measurable, unlike in other organizations. Also, in the last 10 years, there has been quite a lot of research on meditation's effects on the brain. All of this is interesting to people in business.

**Which practices do companies find most effective?**

It depends. We tailor workshops to an organization's needs. For instance, at Google, we realized that these very smart and competitive people had been in front of screens for most of their

lives.

They're good at algorithms, but not necessarily at working together. So we set up practices that develop awareness of yourself and others and appreciation for others. It's since been taught at Google headquarters in New York, Zurich, Beijing and Dublin. More than 1,000 engineers have gone through the program.

**What's next? If companies are taking 101 now, what's the graduate-level course?**

I've started teaching compassion meditations, which I'd at first thought would require too much vulnerability.

**You mentioned that companies cite bottom lines, but what, to you, is the real payoff?**

There are deeper benefits. If you pay attention to your breath for 20 minutes, you watch everything in your mind arise and fall away over and over again. You begin to appreciate constant change.

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MLB

## Jays overwhelm Rangers for sweep

Chien-Ming Wang won for the first time in more than a year, Colby Rasmus homered for a third straight game and the Toronto Blue Jays completed a four-game sweep by beating the Texas Rangers 7-2 on Sunday for their fifth straight victory.

The Rangers lost their sixth in a row and fell to 1-6 on a season-high, 11-game homestand. Texas has dropped six straight for the first time since April 15 to 21, 2010.

Wang (1-0) allowed seven hits in seven shut-out innings to win for the first time since last June 12 with Washington.

Adam Lind hit a three-run homer, and J.P. Arenchibia added a two-run shot for Toronto. The Blue Jays outscored the Rangers 24-4 to sweep a four-game series at Texas for the first time. **THE ASSOCIATED PRESS**

MLB

## Fister tosses gem for Tigers win

Doug Fister held Minnesota hitless until the sixth inning and Torii Hunter connected for his 300th career home run, leading the Detroit Tigers over the Twins 5-2 Sunday.

Fister (6-4) didn't allow a baserunner until walking Ryan Doumit with two outs in the fourth inning, then lost his no-hit bid when Brian Dozier led off the sixth with a homer.

Fister allowed two runs and two hits — both to Dozier — in 7 2/3 innings. He struck out seven, walked two and won for the first time in his last six starts. **THE ASSOCIATED PRESS**



Justin Rose celebrates with the U.S. Open Trophy following his win at Merion Golf Club on Sunday in Ardmore, Pa. ANDREW REDINGTON/GETTY IMAGES

# Rose blooms in time for 1st major victory

**Golf.** Englishman calm in making clutch shots while Mickelson plays to sixth second-place finish at U.S. Open

A steady hand gave Justin Rose the shiny U.S. Open Trophy. A wild ride gave Phil Mickelson yet another silver medal.

Rose captured his first major championship on Sunday with remarkable calm and three pure shots on the punishing closing holes at Merion. A par on the 18th hole gave him an

even-par 70, and that was good enough for him to become the first Englishman in 43 years to win America's national championship.

Rose hit 5-iron to the first cut of rough, pin-high on the 17th for an easy par. He smashed the most important tee shot of his career down the middle on the final hole, about 10 yards short of the famous Ben Hogan plaque. And his approach rolled near the pin and settled against the collar of the green.

"When I came over the hill and saw my ball laying in the fairway, I thought, 'This is my moment.' It was me hitting from the middle of the fair-

way," Rose said.

As usual, someone's big moment in the U.S. Open came at Mickelson's expense.

With fans chanting, "Let's go Phil!" Mickelson paced off a last-ditch effort to force a play-off. It was a long shot — the 18th hole didn't yield a single birdie all weekend. From about 40 yards away, Mickelson's chip for birdie raced by the cup, securing Rose's victory.

Mickelson, already in the U.S. Open record book with five second-place finishes, wound up with a bogey on the 18th for a 74 and tied for second with Jason Day, who closed with a 71. **THE ASSOCIATED PRESS**

### Merion tames Tiger

Tiger Woods wore his usual Sunday red shirt, but it didn't keep him from quickly achieving a dubious double — out of bounds and a 3-putt on the same hole. That made for a triple-bogey 8 at No. 2. He shot a 74 to finish 13 over par.

- Sunday was five years to the day since Woods won the U.S. Open at Torrey Pines. His running tally of majors wins is stuck on 14, four shy of Jack Nicklaus' record.



The Capitals' Alex Ovechkin suffered a hairline fracture during Game 6 of the Eastern Conference quarter-finals against the Rangers. GETTY IMAGES FILE

## MVP shrugs off broken foot

Alex Ovechkin said his broken left foot is healing well after playing almost three full games on it last month.

The Washington Capitals captain, who won his third Hart Trophy as the NHL's MVP, suffered a hairline fracture in Game 6 of the Eastern Conference quarter-finals against the New York Rangers. He did not miss any time, playing in Game 7 the next night and then at the IIHF world championship days later.

"Foot is OK," Ovechkin said on a conference call Sun-

day morning. "Right now I'm walking fine. I'm gonna start playing tennis soon so I'm gonna be in good shape.... It's kind of getting better. I feel pretty good about my foot."

Ovechkin kept playing because he could not make the injury worse. He knew something was wrong but said Sunday morning on a conference call that he did not have an MRI until after playing for Russia in Stockholm.

"I make a blocked shot. The puck broke my foot, and I played with it," Ovechkin

said. "I never asked (Capitals trainer Greg Smith) or (Dr. Benjamin Shaffer) about let's make an MRI or something. I just played the game because it's the playoffs. It doesn't matter what happen. You have to be there and you have to play the best that you can."

Ovechkin played all 48 regular-season and seven playoff games for the Capitals, even though general manager George McPhee said he was playing through some other undisclosed injuries.

**THE CANADIAN PRESS**

# Balanced battle of the B's breaks even

## Stanley Cup final.

Neck-and-neck faceoff has the makings of a marathon series

Jaromir Jagr heard the clank of the puck off the post and did all he could to contain his emotions. Patrick Sharp had to move on, too, after he came oh-so-close to ending Game 2 of the Stanley Cup final.

Both players had no choice, even as they lamented the "game of inches" they deal with every day. In this series it's particularly difficult because the Boston Bruins and Chicago Blackhawks appear so evenly matched.

The difference between the Blackhawks being up 2-0 and the teams being tied going into Game 3 Monday night in Boston? "We score an extra goal," Bruins captain Zdeno Chara said.

It is that tight after 186 minutes of hockey, as the Blackhawks and Bruins come to grips with the closeness of the cup final and the razor-thin



Blackhawks centre Jonathan Toews shoots the puck wide against Tuukka Rask during Game 2 of the Stanley Cup final, Saturday. CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

margin for error.

"No one said it was going to be easy," Chicago captain Jonathan Toews said. "No one said everything was going to go our way. Some moments, you feel pretty darn good, like when we won Game 1 in triple overtime,

and (Saturday night) it doesn't feel good. You've got to find a way to get over it to move to the next time you're going to be on the ice, and not let it affect you."

It's the first time in nine years that the cup final is tied

at a game apiece. The last occurrence came when the Tampa Bay Lightning faced the Calgary Flames in 2004, winning in seven.

Before last season, the last time the first two games went to overtime was 1951. It has

created plenty of drama and frustration, especially for Jagr, who came close to winning each game.

"I got no problem with it. It's a hockey game," Jagr said. "It's not (a) problem for me. Of course you have to forget about

## Every goal counts

"It doesn't matter what game we're in and what the score is in the series.... We try to play like it's Game 7, no matter what."

Chicago captain Jonathan Toews

it and try to score next time."

The Blackhawks know all too well about a series hanging in the balance in overtime. They needed it to beat the Detroit Red Wings in Game 7 of the Western Conference semifinals and then again to put away the Los Angeles Kings a round later.

Game 2 was something of a failure for the Blackhawks, not because it was demoralizing to lose in overtime but because they thoroughly dominated the Bruins for the first period and more but couldn't turn it into more than one goal. When they figured they did, it was disallowed as referee Wes McCaulley intended to blow the whistle before the puck went in the net. **THE CANADIAN PRESS**

# Soccer federation lifts contentious turban ban

The Beautiful Game shed an ugly debate on Saturday as the Quebec Soccer Federation ended its internationally criticized turban ban and the Canadian Soccer Association welcomed it back into the fold.

The news was greeted with cheers by a mostly Sikh crowd at a solidarity soccer game organized in a Montreal suburb, where people of all ages and skills charged onto the pitch wearing turbans.

"I'm excited and I'm proud as a Quebecer that the decision has come to allow the kids to get back on the field," said Amar Magon, one of the organizers of the game.

The Quebec Soccer Federation announced the end of its ban Saturday morning, saying it was relieved to receive clear instructions from FIFA on what has become a contentious issue.

"It has been our intention from the onset to get a confirmation that FIFA allowed wearing of turbans, patkas or keskis," said Brigitte Frot, the Quebec federation's executive director.

"We are very happy that FIFA has responded to our re-



Young players participate in a game of solidarity in Montreal after the Quebec Federation lifted its turban ban on Saturday. **THE CANADIAN PRESS**

quest and by the same token dispelled the ambiguities created by a lack of clarification."

FIFA announced on Friday that it was authorizing the wearing of male head covers at all levels of Canadian soccer. A statement said the headwear must be the same colour as the jersey, look professional and not pose any danger to players.

The ban prompted the

## Defence

"Our intervention was solely from a technical point of view and had absolutely nothing to do with religious matters or political views."

The Quebec Soccer Federation

Canadian Soccer Association to suspend the Quebec Soccer Federation on June 10.

Frot said her organization has sent a letter to the national body informing it the ban has been lifted, thus meeting the conditions that would end the suspension.

The Canadian association quickly confirmed the suspension was over, adding it was "pleased that both organizations could come to a timely resolution on this important matter."

"As the governing body of soccer in Canada we will continue to take all necessary measures to ensure the integrity of our game, our membership, and players."

**THE CANADIAN PRESS**

## NBA

### NBPA union VP Stackhouse needs former players

Members of the National Basketball Players Association are in no rush to hire a search firm to help select a new executive director.

The focus is on getting more players involved in union activities, said Jerry Stackhouse, an 18-year NBA veteran and first vice-president of the union.

The nine-member executive committee is hoping to get former players to help make the union's importance known to the current membership. The committee is also finding out what current players consider their priorities.

"We want to build a great union, but first we have to have our players," Stackhouse said at the University of Virginia, where the NBPA held its 20th Top 100 Camp for high school stars this week. "Before we go talking about a search firm, we want to know: What do the players want?"

"Then we can hire a search firm and say, 'We want someone that can do A, B and C.'"

**THE ASSOCIATED PRESS**



## Federer nets first win of 2013

Roger Federer celebrates after defeating Mikhail Youzhny in the final of the Gerry Weber Open tennis tournament on Sunday in Halle Westphalia, Germany. Federer won his first title of the year, overcoming a sluggish start to beat unseeded Youzhny 6-7 (5), 6-3, 6-4. Returning to grass in his favorite warmup for Wimbledon, the top-seeded Federer won his first title since Cincinnati in August and his sixth in Halle.

**MARTIN MEISSNER/THE ASSOCIATED PRESS**



## Horoscopes

### Aries

March 21 - April 20

Despite what you might believe, nothing is holding you back. It may seem as if barriers are blocking your path but the closer you get to them, the further away they will retreat.

### Taurus

April 21 - May 21

You may have a lot of ground to make up on rivals and competitors but there is no need to rush things. Spend the first few days of the week just watching and waiting. Your time will come — soon.

### Gemini

May 22 - June 21

You will gain a lot more respect today if you are direct with people. Forget about being polite, just say what needs to be said. You don't have time to worry about people's precious feelings.

### Cancer

June 22 - July 23

Don't choose the easy option just because you cannot be bothered to make much of an effort. If you let things slide now you will only have to work twice as hard later to make up for lost time. Be sensible.

### Leo

July 24 - Aug. 23

You must not let your standards slip today. If you do, others will use that as an excuse to give less than they should. Always be a good example and do your very best.

### Virgo

Aug. 24 - Sept. 23

If you slow down to think about what you are doing today you run the risk of stopping altogether. Keep your momentum going and keep moving towards your goal.

### Libra

Sept. 24 - Oct. 23

You may be tempted to highlight something you know a friend would be embarrassed by. It might be worth a laugh but what would it do to your relationship? Keep it to yourself.

### Scorpio

Oct. 24 - Nov. 22

Steer clear of financial matters that have nothing to do with you. If you allow yourself to be drawn into a situation you know little about at best you will gain nothing — and you may lose a lot.

### Sagittarius

Nov. 23 - Dec. 21

Any disagreements you may be having will be short-lived, so don't place too much importance on them. This may even be one of those occasions when drama brings you closer to the ones you love.

### Capricorn

Dec. 22 - Jan. 20

The planets are urging you to aim high, even if your resources are low. The bigger your plans, the harder you will work and the more likely it is you will attract the opportunities you need to grow.

### Aquarius

Jan. 21 - Feb. 19

It's OK envy others' achievements as it encourages you to do better. Over the next few days, you'll be inspired to copy someone you look up to. Soon others will be copying you.

### Pisces

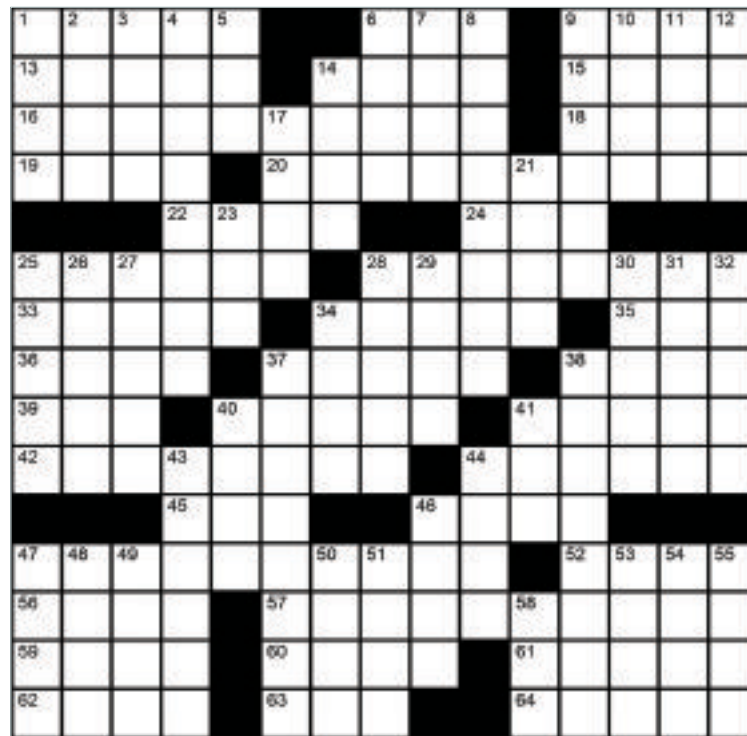
Feb. 20 - March 20

A windfall of some kind helps you believe Lady Luck is on your side, which in turn makes it easier to take calculated risks that improve your chances of success. SALLY BROMPTON

## Crossword: Canada Across and Down

### Across

- Archibald \_\_\_ (Cary Grant's birth name)
- Martin Scorsese's occ.
- Actress Ms. Irving's
- New Delhi's country
- Skipper's need
- Church area
- The Lord's trophy: 2 wds.
- Ms. Cannon (Fourth wife of #1-Across)
- Bride-\_\_\_
- CN Tower's 360 \_\_\_
- Cons opposites
- Wrath
- 1936: For whom King Edward abdicated the throne, \_\_\_ Simpson
- Ontario city on the St. Lawrence River
- Brit singer, Lily \_\_\_
- Changes residence
- Baseball's Astros, on scoreboards
- Linen-making fibre
- Sulked
- Nerd
- Mr. Hanks
- Downy duck
- Canadian actress Ms. Eastwood
- Surprised suddenly
- Chef Gordon \_\_\_ of FOX's "Hell's Kitchen"
- Blue stuff on paper
- Rave about
- Ontario town in The Tragically Hip song that starts "I



- left your house this morning..."
- Hasbro toy brand
  - Beehive State
  - rafting
  - Get up
  - Chocolate bar
  - Acclaimed choreographer, Alvin \_\_\_
  - Disapproving

- utterances
- "\_\_\_haw!"
  - Tomato plant support

### Down

- Itemize
- Prefix to 'mology' (Study of insects)

- Small amount that'll do ya: 2 wds.
- Canadian movie theatres company
- "2001: A Space Odyssey" (1968) computer
- Physicians, e.g.
- '50s song: "\_\_\_ a Spell on You"

- Fixed
- Brother of Prince Charles
- Poet Ms. Angelou
- Mr. Courmoyer, Hockey Hall of Famer
- Dispatched
- Deli breads
- Greek Myth: God of love

- Vases
- \_\_\_ Tin Tin
- Drifts through the air
- Dispense
- Cud-chewing creature
- Got by
- Finished
- Nautical greetings!
- 1869 R.D. Blackmore novel, \_\_\_ Doone
- Great Big Sea song that goes "...boat is painted green / Ha, me boys!"
- Style
- Earth's galaxy: 2 wds.
- Canadian singer/songwriter Ms. Doyle
- Cirneco dell' \_\_\_ (Dog breed)
- Affirmatives, in Austria
- Wealth
- Old Scandinavian symbol
- Attend: 2 wds.
- Mr. Reynolds
- Mr. Redding
- Relish
- Clarified butter
- Dublin's land
- Fun French song bit: "...tete, Alouette..."
- Stink
- Canadian literary critic, Northrop \_\_\_
- Used to be

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

BY KELLY ANN BUCHANAN

## Friday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Friday's Sudoku




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